

Reykjavik International 2015
Laugardalslaug, 16. - 18.1.2015

Event 23
18.1.2015 - 9:30

Women, 400m Freestyle

Open
Results Prelim

RIG 4:20.39 Rebecca Cooke GBR 28.1.2007

RIG - 14: 5:30.00; 15 +: 5:30.00; Open: 5:30.00

Points: FINA 2014

Rank			Age			Time	Pts		
14 years and younger									
1.	Sara Nysted		14	SuSwim		4:49.14	565	A RIG RIG	
	50m:	32.88 32.88	150m:	1:45.10 36.70	250m:	3:00.05 36.84	350m:	4:14.15 36.60	
	100m:	1:08.40 35.52	200m:	2:23.21 38.11	300m:	3:37.55 37.50	400m:	4:49.14 34.99	
2.	Berglind Bjarnadottir		14	S.d. Fjoelnis		5:20.28	416	RIG RIG	
	50m:	35.80 35.80	150m:	1:55.74 40.50	250m:	3:17.69 41.32	350m:	4:40.00 41.55	
	100m:	1:15.24 39.44	200m:	2:36.37 40.63	300m:	3:58.45 40.76	400m:	5:20.28 40.28	
3.	Erna Gudrun Jonsdottir		14	Irb		5:22.90	406	RIG RIG	
	50m:	35.42 35.42	150m:	3:20.23 2:05.04	250m:		350m:		
	100m:	1:15.19 39.77	200m:	2:38.53	300m:	4:01.90	400m:	5:22.90	
4.	Rannveig Katrin Arnarsdottir		14	Odinn		5:55.84	303		
	50m:	38.50 38.50	150m:	2:07.68 45.79	250m:	3:40.37 47.10	350m:	5:11.94 44.79	
	100m:	1:21.89 43.39	200m:	2:53.27 45.59	300m:	4:27.15 46.78	400m:	5:55.84 43.90	
15 years and older									
1.	Mie OE Nielsen		19	Aalborg		4:31.55	683	A RIG RIG	
	50m:	31.39 31.39	150m:	1:40.41 34.74	250m:	2:49.69 34.49	350m:	3:58.97 34.72	
	100m:	1:05.67 34.28	200m:	2:15.20 34.79	300m:	3:24.25 34.56	400m:	4:31.55 32.58	
2.	Inga Elin Cryer		22	Aegir		4:33.69	667	A RIG RIG	
	50m:	31.20 31.20	150m:	1:40.19 34.98	250m:	2:50.13 34.98	350m:	3:59.72 34.71	
	100m:	1:05.21 34.01	200m:	2:15.15 34.96	300m:	3:25.01 34.88	400m:	4:33.69 33.97	
3.	Bara Kristin Bjoergvinsdottir		20	SH		4:41.07	615	A RIG RIG	
	50m:	33.09 33.09	150m:	1:44.09 35.71	250m:	2:55.10 35.78	350m:	4:06.73 35.42	
	100m:	1:08.38 35.29	200m:	2:19.32 35.23	300m:	3:31.31 36.21	400m:	4:41.07 34.34	
4.	Line Joergensen Bruun		20	Aalborg		4:44.08	596	A RIG RIG	
	50m:	32.69 32.69	150m:	1:43.90 36.60	250m:	2:55.34 36.66	350m:	4:08.85 37.18	
	100m:	1:07.30 34.61	200m:	2:18.68 34.78	300m:	3:31.67 36.33	400m:	4:44.08 35.23	
5.	Cecilia Eysturdal		19	Klaksvik		4:46.50	581	A RIG RIG	
	50m:	32.46 32.46	150m:	1:46.30 36.75	250m:	3:00.60 36.94	350m:	4:11.69 34.70	
	100m:	1:09.55 37.09	200m:	2:23.66 37.36	300m:	3:36.99 36.39	400m:	4:46.50 34.81	
6.	Ragnheidur Karlsdottir		16	Blikar		4:47.96	572	A RIG RIG	
	50m:	31.94 31.94	150m:	1:43.89 36.78	250m:	2:57.94 36.87	350m:	4:12.41 36.89	
	100m:	1:07.11 35.17	200m:	2:21.07 37.18	300m:	3:35.52 37.58	400m:	4:47.96 35.55	
7.	Telma Bra Gunnarsdottir		15	Aegir		4:49.42	564	A RIG RIG	
	50m:	33.63 33.63	150m:	1:47.48 37.14	250m:	3:01.17 36.97	350m:	4:14.34 36.45	
	100m:	1:10.34 36.71	200m:	2:24.20 36.72	300m:	3:37.89 36.72	400m:	4:49.42 35.08	
8.	Sadis Osk Gunnlaugsdottir		15	S.d. Fjoelnis		5:01.57	498	R RIG RIG	
	50m:	35.39 35.39	150m:	1:51.82 38.40	250m:	3:08.63 38.55	350m:	4:24.33 37.62	
	100m:	1:13.42 38.03	200m:	2:30.08 38.26	300m:	3:46.71 38.08	400m:	5:01.57 37.24	
9.	Ingibjoerg Erla Gardarsdottir		15	Aegir		5:07.86	468	R RIG RIG	
	50m:	33.48 33.48	150m:	1:50.01 39.24	250m:	3:09.87 39.95	350m:	4:29.61 40.03	
	100m:	1:10.77 37.29	200m:	2:29.92 39.91	300m:	3:49.58 39.71	400m:	5:07.86 38.25	
10.	Ingjerd Davoeen		17	Delfana		5:08.68	465	RIG RIG	
	50m:	35.16 35.16	150m:	1:53.14 39.27	250m:	3:12.45 39.60	350m:	4:31.21 38.85	
	100m:	1:13.87 38.71	200m:	2:32.85 39.71	300m:	3:52.36 39.91	400m:	5:08.68 37.47	
11.	Una Lara Larusdottir		16	IA		5:09.60	460	RIG RIG	
	50m:	35.34 35.34	150m:	1:52.91 39.11	250m:	3:11.81 39.51	350m:	4:31.47 39.81	
	100m:	1:13.80 38.46	200m:	2:32.30 39.39	300m:	3:51.66 39.85	400m:	5:09.60 38.13	

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Event 23, Women, 400m Freestyle, Prelim, 15 years and older

Rank			Age				Time		Pts		
12.	Anita Osk Hrafnisdottir		21	Blikar		5:15.03		437	RIG RIG		
	50m:	35.41 35.41	150m:	1:55.06	40.39	250m:	3:14.94	40.09	350m:	4:35.63	40.37
	100m:	1:14.67 39.26	200m:	2:34.85	39.79	300m:	3:55.26	40.32	400m:	5:15.03	39.40
13.	Hanne Erstad Larsen		17	BS/Delfana		5:15.96		433	RIG RIG		
	50m:	35.08 35.08	150m:	1:54.82	40.88	250m:	3:15.70	40.73	350m:	4:36.83	39.22
	100m:	1:13.94 38.86	200m:	2:34.97	40.15	300m:	3:57.61	41.91	400m:	5:15.96	39.13
14.	Andrea Gurvin Skaaland		16	BS/Delfana		5:16.12		432	RIG RIG		
	50m:	34.90 34.90	150m:	1:52.60	38.95	250m:	3:15.45	42.10	350m:	4:36.97	40.22
	100m:	1:13.65 38.75	200m:	2:33.35	40.75	300m:	3:56.75	41.30	400m:	5:16.12	39.15
15.	Rebekka Yr Gudbjornsdottir		16	Aegir		5:16.41		431	RIG RIG		
	50m:	35.41 35.41	150m:	1:53.86	39.80	250m:	3:14.30	40.34	350m:	4:35.95	40.89
	100m:	1:14.06 38.65	200m:	2:33.96	40.10	300m:	3:55.06	40.76	400m:	5:16.41	40.46
16.	Mari Alvsaker		16	Drammen		5:18.21		424	RIG RIG		
	50m:	35.01 35.01	150m:	1:56.05	41.16	250m:	3:18.68	40.63	350m:	4:39.65	39.87
	100m:	1:14.89 39.88	200m:	2:38.05	42.00	300m:	3:59.78	41.10	400m:	5:18.21	38.56
17.	Karina Brathen		15	Drammen		5:24.00		402	RIG RIG		
	50m:	34.93 34.93	150m:	1:57.64	42.42	250m:	3:22.93	42.84	350m:	4:46.12	40.97
	100m:	1:15.22 40.29	200m:	2:40.09	42.45	300m:	4:05.15	42.22	400m:	5:24.00	37.88
18.	Droplaug Maria Hafliadottir		15	IA		5:24.58		399	RIG RIG		
	50m:	35.30 35.30	150m:	1:58.97	43.04	250m:	3:23.92	42.56	350m:	4:46.29	40.80
	100m:	1:15.93 40.63	200m:	2:41.36	42.39	300m:	4:05.49	41.57	400m:	5:24.58	38.29
19.	Milica Kristic		15	Aegir		5:32.13		373			
	50m:	35.93 35.93	150m:	1:58.76	41.82	250m:	3:24.36	43.22	350m:	4:49.23	43.03
	100m:	1:16.94 41.01	200m:	2:41.14	42.38	300m:	4:06.20	41.84	400m:	5:32.13	42.90